

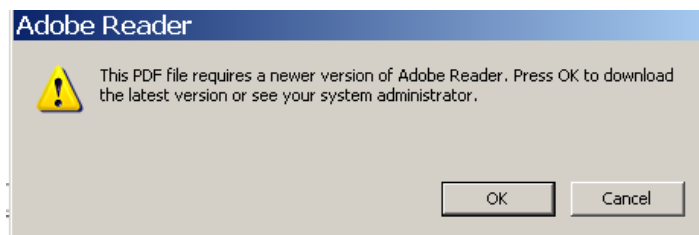
You can now submit your Medical and Dental forms electronically! If you have an email account, you can fill out the form online and submit it through your email.

Here's how you do it:

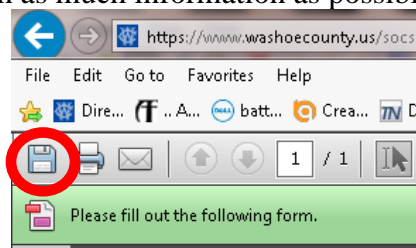
1. Click on the form.



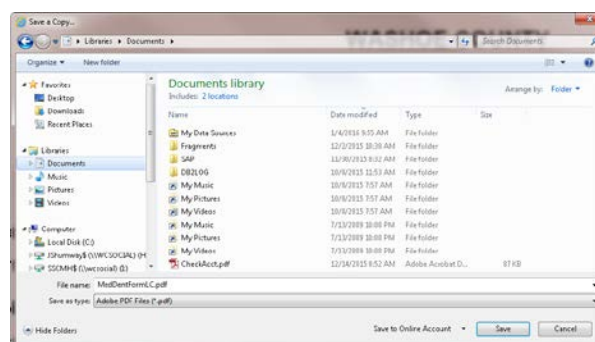
If this message appears click Cancel, it means that you have an older version of Adobe.



2. Now, simply fill out the form with as much information as possible. When finished, click



on the Save button on the toolbar on your computer. Keep the PDF file extension the same and you can leave the name of the file intact.



3. Next, go into your email account, gmail, yahoo, hotmail or whatever email you have, and send it to ss-unity@washoecounty.us and attach the PDF file to the email.

If you have any questions at all, please contact Judy Shumway at 785-5620.