REGIONAL BEHAVIORAL HEALTH POLICY BOARD

AB366 – 2017 Legislative Session

Four regional boards

Membership Criteria

Responsibilities
Five Regional Boards

Membership Criteria

Responsibilities
<table>
<thead>
<tr>
<th>Region</th>
<th>Counties</th>
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<tbody>
<tr>
<td>Clark (Ariana Saunders)</td>
<td>Clark Co, Part of Nye</td>
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<tr>
<td>Southern (TBD)</td>
<td>Mineral, Esmeralda, Lincoln, Part of Nye</td>
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<tr>
<td>Northern (Jessica Flood)</td>
<td>Carson City, Churchill, Douglas, Lyon, Storey</td>
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<tr>
<td>Rural (Valerie Cauhape)</td>
<td>Washoe (Dorothy Edwards)</td>
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<td>------------------------</td>
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<tr>
<td>• Elko</td>
<td>• Washoe</td>
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<tr>
<td>• Eureka</td>
<td></td>
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<tr>
<td>• Humboldt</td>
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<td>• Lander</td>
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<tr>
<td>• Pershing</td>
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<td>• White Pine</td>
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BOARD RESPONSIBILITIES

1. Advise the Department, Division and Commission
   - Behavioral health needs of adults and children in the behavioral health region
   - Progress, problems or proposed plans relating to the provision of behavioral health services
   - Methods of improvement of behavioral health services
   - Gaps
   - Federal/State law recommendation for change
   - Fiscal priorities

2. Promote improvements in the delivery of behavioral health services in the behavioral health region.
3. Coordinate and exchange information with the other policy boards

4. Review the collection and reporting standards of behavioral health data to determine standards for data collection and reporting processes

5. Establish an organized, sustainable, accessible and accurate electronic repository of data and information concerning behavioral health and behavioral health services in the behavioral health region that is accessible (Big Ask – to the extent feasible)

6. Track and compile data
   - Admissions
   - Programs, Services,

7. Identify needs/services and coordinate with other agencies

8. Annual report

9. Bill Draft Request!!!
REGIONAL BEHAVIORAL HEALTH COORDINATORS

Increase capacity of the behavioral health system in the region.

Collaboration and community-wide engagement of behavioral health and substance use stakeholders

Support efforts of the Regional Behavioral Health Policy Board members in development and implementation of a comprehensive strategic plan.

Annual report, data
WASHOE POLICY BOARD ACTIVITIES

Meetings
Education
  • Reciprocal: Learn from the community and provide information back
Establish Behavioral Health Priorities
Behavioral Health Profile
Annual Report
Bill Draft Request
WASHOE POLICY BOARD MEMBERS

Senator Julia Ratti (Chair)
District 13
Nevada State Senate

Henry Sotelo
Attorney
Reno Municipal Legal Defender

Sharon Chamberlain
Chief Executive Officer
Northern Nevada HOPES

Thomas Zumtobel
Vice-President, Population Health
Renown Hospital

Cindy Green
Education/EMS
REMSA

Frankie Lemus
Crossroads, Washoe County Human Services

Dorothy Edwards, Washoe County Human Services, Behavioral Health Coordinator

Sandra Stamates
National Alliance on Mental Health
Community/Family Representative for Families

Wade Clark
Sergeant, Reno Police Department

Charmaane Buehrle
Director, Business Development
West Hills Hospital

Kevin Dick
District Health Officer
Washoe County Health District

Dr. Kristen Davis-Coelho
Administrator
Renown Behavioral Health & Addiction Institute

Jennifer DeLett-Snyder
Executive Director, JTNN
Ultimate Goal: Crisis Stabilization

- Mitigate unnecessary drop offs to jails, emergency rooms
- Better served in an environment that can treat their condition
- Considered an emergency health care alternative to persons with acute behavioral health issues
- Prompt Action, Gentle Response
- Intended to stabilize, utilize peer support, keep individuals housed and not jeopardize any current housing or services
Didn’t read exactly as planned

Enabling language for establishment of crisis stabilization centers by certain organizations

A last minute amendment provides for the licensure and regulation of non-emergency secure behavioral transport services

Gives us a an opening on which to build!
2018 ANNUAL REPORT

- Summarized Board activities
- Included the Behavioral Health Profile
- Results of surveys/focus group
- 2019 still in progress
BEHAVIORAL HEALTH PROFILE

- Second year
- WCHD provided UNR intern
- Some data remained the same – source only updates every two years
- Access
Figure 23: Alcohol-Induced Cause of Death by Age Group, Washoe County, Nevada, and United States, 2013-2017 Aggregate Data
Figure 24: Drug-Induced Cause of Death by Age Group, Washoe County, Nevada, and United States, 2013-2017 Aggregate Data

Rate per 100,000 Population

- 70+:
  - United States: 4.3
  - Nevada: 9.8
  - Washoe County: 9.5

- 60-69:
  - United States: 13.9
  - Nevada: 28.6
  - Washoe County: 31.3

- 50-59:
  - United States: 29.8
  - Nevada: 44.8
  - Washoe County: 50.2

- 40-49:
  - United States: 30.1
  - Nevada: 35.7
  - Washoe County: 35.1

- 30-39:
  - United States: 26.1
  - Nevada: 31.2
  - Washoe County: 31.1

- 20-29:
  - United States: 21.7
  - Nevada: 20.9
  - Washoe County: 20.7

- 14-19*:
  - United States: 3.1
  - Nevada: 4.4
  - Washoe County: 4.4

Legend:
- United States
- Nevada
- Washoe County
Figure 39: Opioid-Related Deaths by Age Group, Washoe County, 2010-2018
Figure 66: Death Due to Suicide/Intentional Self-Harm by Age Group, Washoe County, Nevada & United States, 2013-2017 Aggregate Data
Figure 67: Rate of Veteran Suicide Deaths by Age Group, Nevada, Western Region* & United States, 2016
MOBILE OUTREACH SAFETY TEAM (MOST)

Mental health counselors embedded with law enforcement
10 hour shifts – 24/7
Currently only one MOST member for each shift

GOALS:
- CRISIS intervention to avoid costly emergency room visits and hospitalization
- Reduce law enforcement calls for service and diversion from jail when appropriate
- Connect individuals in crisis to local resources to provide them with a long-term support network
- Public Safety
CONTACTS

<table>
<thead>
<tr>
<th>Age Group</th>
<th>7/1/18 - 6/30/19</th>
<th>7/1/17 - 6/30/18</th>
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<tbody>
<tr>
<td>71+ yrs</td>
<td>190</td>
<td>125</td>
</tr>
<tr>
<td>51-70 yrs</td>
<td>588</td>
<td>485</td>
</tr>
<tr>
<td>31-50 yrs</td>
<td>919</td>
<td>774</td>
</tr>
<tr>
<td>19-30 yrs</td>
<td>494</td>
<td>372</td>
</tr>
<tr>
<td>18 and Under</td>
<td>179</td>
<td>88</td>
</tr>
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</table>
NEXT STEPS?

Collaboration...Education....Initiative

Legislation

• Knowledge of what is in place and what needs to be in place

• Advocacy

• 2021 BDR
LINKS

https://www.leg.state.nv.us/App/NELIS/REL/80th2019/Bill/5991/Text

https://www.washoecounty.us/health/index.php

https://www.leg.state.nv.us/App/InterimCommittee/REL/Interim2019

daedwards@washoecounty.us
“As long as we are alive, we must be able to dream of the future, of a better world or better ways of life.”

Bud Harris