For older adults, good mental health equates to good overall health. Growing older has its challenges, but happiness and quality-of-life should never have to be sacrificed. We can help empower lifestyle changes for older adults to transition through life’s journey with dignity.

*Transitions* is a program that offers specialized treatment for people **55 and older** who may be struggling with life-changing events such as retirement, divorce, onset of chronic illness, social withdrawal, lack of independence, or grief and loss. *Transitions* is the only local inpatient program that provides treatment for co-occurring conditions of mental illness and Substance Use Disorder specifically for this age group.

Our specially trained staff provide an interactive and collaborative approach to care in a comfortable safe and secure environment.

We are here to help you or your loved one live life to its fullest.

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**COMMON ISSUES TREATED**

- Anxiety, Agitation, Panic
- Bipolar Disorder
- Dementia-Related Behaviors
- Depression
- Grief and Loss
- Psychosis
- Schizoaffective Disorder
- Schizophrenia
- Substance Use Disorder
- Suicidal Thoughts

RENO BEHAVIORAL Healthcare Hospital

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