Welcome to Reno Behavioral Healthcare Hospital

You now have a quality choice when it comes to behavioral health services.

Reno Behavioral Healthcare Hospital is the first hospital of its kind to be built from the ground up in our community in more than 35 years. The modern, state-of-the-art facility features 80,000 square feet with 124 beds.

We are committed to a safe, supportive environment, and our staff of professionals are carefully selected to provide the very best in mental health care and service to patients and family members.
Help is just a phone call away.
Call us today for a FREE, CONFIDENTIAL assessment: 775-555-HELP

Substance Use Disorder & Chemical Dependency Detoxification

Substance Use Disorder is a progressive illness, and a person’s mental health is often an underlying issue. For that reason, our rehabilitation program addresses the multiple challenges that may come with addiction:
- Alcohol and Drug Abuse
- Depression/Mood Swings
- Anxiety
- Urges and Cravings
- Post-Acute Withdrawal Symptoms
- Relapse/Lack of Motivation

Clinical Expertise: Our programs are primarily staffed with Licensed Alcohol and Drug Counselors (LADCs) with advanced, Master’s-level education. Their training provides a strong background in both substance use and underlying mental health issues, which can result in a more rounded treatment experience.

Comprehensive addiction treatment includes:
- Individualized treatment and recovery plan for a healthy and sober lifestyle
- Addiction Cycle Education
- Stress Management
- Group Therapy
- Family Therapy
- Coping-Skill Building

Adult Inpatient Treatment for Mental Health

Our program offers a safe, secure and therapeutic environment for adults (age 18 and older) with 24-hour monitoring.

Common conditions include:
- Anxiety
- Bipolar Disorder
- Depression
- Psychosis/Schizophrenia
- Substance-related disorders with psychiatric symptoms

Our highly structured program includes:
- Group therapy
- Socialization therapy
- Recreation therapy
- Expressive therapy
- Medication management

Outpatient Services

Outpatient Services provide needed treatment without the overnight stay.

Partial Hospitalization Program
Programing is based on highly structured, evidence-based treatment models offered within a safe and therapeutic environment. Monday–Friday, two to four weeks.

Intensive Outpatient Program
Substance Use Disorder treatment is highly structured and includes group therapy as well as medication management (if required).

Benefits of Outpatient Services
- Alternative to inpatient hospitalization
- A step-down program from inpatient care
- Tools for identifying and coping with triggers
- Comprehensive evaluation and individualized wellness and recovery treatment plan
- Medication consultation and management
- Evidence-based treatment
- Intensive Group Therapy, Cognitive Behavioral Therapy, Illness Management Recovery
- Aftercare referrals

Specialties

Specialized treatment for the most complex behaviors and conditions, including:
- Anxiety
- Depression
- Schizophrenia
- Substance abuse
- Suicidal thoughts

Centers

Our specialized programs and experiences are designed for individuals related to mental health and/or drug/alcohol use issues.

Our process includes:
- Maintaining a supportive, encouraging, and therapeutic environment
- Teaching coping strategies, avoidance, and management of triggers
- Developing and maintaining a healthy lifestyle
- Creating a healthy environment free from risk factors that contribute to relapse

RENO BEHAVIORAL Healthcare Hospital