**RESOURCE LIST**

### LAW ENFORCEMENT
- Police - Fire - Ambulance: 911
- Reno Police Department: 324-2175
- Sheriffs Department: 326-3001
- SOCIAL SERVICES (CPS): 785-8600
- Sparks Police 24 hr Dispatch: 353-2231
- Washoe County Jail (Adult): 329-3062

### JUVENILE SERVICES
- Jan Evans Juvenile Justice Center (Wittenberg Hall): 325-7800
  - http://www.co.washoe.nv.us/jjuveniles
- Youth Parole: 688-1421

### CRISIS HOTLINES
- Crisis Call Center: 784-8090
- Mobile Crisis Team: 688-1670
- Rapid Abuse/Incident/National Network (RAINN): 800-656-6166
- National Helpline: 800-SUICIDE (784-2433)
- Trevor Project (GLBT/questioning teens): 866-488-7386
- Sexual Assault: 866-992-5757
- Transline Lifeline (transgender line): 877-565-8860

### CRISIS HANDLERS
- A-lateen (Drug and Alcohol Abuse): 348-7103
- Center Hope of Survival (Eating Disorder): 636-6949
- Victims of Crime Treatment Center: 688-5880
- Nevada P.E.P. (support for kids w/ disabilities): 448-9950
- CrisisChat.org (online chat)
- ImAlive.org (online chat)

### SUPPORT GROUPS
- Alpine Counseling: 823-9133
- Children's Behavioral Services: 688-1800
- Children's Crisis Center: 688-2500
- Downing Clinic: 682-5515
- Family Counseling Services: 329-0623
- Renown Behavioral Center: 982-5318
- Renovations: 525-0270
- Ridgeview Counseling & Family Therapy Group: 823-4080
- Solace Tree (Grief Counseling): 324-7723
- Tahoe Family Solutions Incline Village: 296-0004

### DRUG/ALCOHOL COUNSELING
- Alliance Family Services, Inc.: 337-2394
- Children's Behavioral Services: 688-1800
- Children's Crisis Center: 688-2500
- Downing Clinic: 682-5515
- Family Counseling Services: 329-0623
- Renown Behavioral Center: 982-5318
- Renovations: 525-0270
- Ridgeview Counseling & Family Therapy Group: 823-4080
- Solace Tree (Grief Counseling): 324-7723
- Tahoe Family Solutions Incline Village: 296-0004

### HEALTH SERVICES
- Access to Healthcare Network: 284-8989 and 770-6035
- Care Net (Help w/ prescriptions): 829-2273
- Crisis Pregnancy Center: 826-1999
- Community Health Alliance: 329-6300
- Just Smiles Dental(Medicaid): 337-6453
- Maple Star: 677-2216
- Not a Worry Counseling (Sliding Fee): 1-742-1371
- Quest Counseling: 786-6880
- Renown Behavioral Center: 982-5762
- Ridgeview Counseling & Therapy Group: 823-4100

**HEALTH SERVICES**

### MENTAL HEALTH SERVICES
- Adolescent Treatment Center (ATC): 688-1633
- Alliance Family Services, Inc.: 337-2394
- CAMP: 311-8474
- Enlive (early Psychotherapy): 866-359-6713
- Human Behavioral Institute: 334-1600
- Maple Star: 677-2216
- Mojave Adult, Child, Family Services (Medicaid): 334-3033
- Mobile Crisis Team: 688-1670
- Nevada Mental Health Institute: 688-2001
- Pioneer Health Resource: 324-5820
- TrueNorth: 870-5027
- West Hills: 323-0478
- Willow Springs: 858-3363

### PSYCHIATRISTS/PSYCHOLOGISTS
- Dr. Mark Amending: (775) 329-4284
- Dr. Alfredo Amezaga (Spanish): 1-800-401-5393
- Dr. Ruth Ann Wright (Medicaid): 846-9138

### YOUTH PROGRAMS

**SAFE PLACE.**

Children's Cabinet provides an alternative to any unsafe situation through the Safe Place Program.

| Children's Cabinet | 352-8090
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<tbody>
<tr>
<td>PMTA</td>
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<td><em>Counseling</em></td>
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<td><em>Turn 18</em></td>
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<td><em>Spray Positive</em></td>
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<td><em>Wolverine Program (basketball)</em></td>
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<td><strong>Boys and Girls Club</strong></td>
<td><strong>331-KIDS (5437)</strong></td>
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<td><em>Before &amp; After School Programming</em></td>
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<td><em>Sports</em></td>
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<td><em>Education Programs</em></td>
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<td><em>Technology Programs</em></td>
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<td><em>S.M.A.R.T Moves Program</em></td>
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<td><em>Free Meals</em></td>
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<td><strong>Girls Scouts of Sierra Nev</strong></td>
<td><strong>322-0642</strong></td>
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<td><strong>Boys Scouts of America (Regional)</strong></td>
<td><strong>787-1111</strong></td>
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<td><strong>Big Brothers Big Sisters</strong></td>
<td><strong>352-3202</strong></td>
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**PARENTING**

| Children's Cabinet | 856-6200
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<tr>
<td><strong>Positive Discipline (P-12yrs)</strong></td>
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<tr>
<td><strong>Parents' Guide to Teaching Anger Management (6-18yrs)</strong></td>
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<tr>
<td><strong>Cooperative Parenting After Divorce</strong></td>
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<td><strong>Family Wellness</strong></td>
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<td><strong>Family Meetings</strong></td>
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<td><strong>Is this normal for my child?</strong></td>
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<td><strong>(Ages and stages of Child Development – Birth to 10yrs)</strong></td>
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<tr>
<td><strong>Listening: Key to Successful Family Communications – (1-18yrs)</strong></td>
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<td><strong>Family Resource Centers</strong></td>
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**PARENTING WISELY** a series of three classes (two hours each) that teaches parents of 6-11 and 12 to 18 year old children important skills for combating risk factors that may contribute to youth substance use and abuse. The Parenting Wisely program uses a risk-focused approach to reduce family conflict and child behavior problems including stealing, vandalism, defiance of authority, bullying, and poor hygiene. The Parenting Wisely program is free and available in both English and Spanish. The classes are scheduled throughout the community and held at neighborhood schools.

**FAMILY RESOURCE CENTERS**

- **Central / South Reno FRC**
  - Sparks FRC: 921 12th St.
    - Reno, NV 89502
    - Sparks, NV 89431
    - Tel: 321-3185
    - Tel: 353-5733
- **North Valley**
  - Rose McGuire Center: FRC
    - 10500 Stead Blvd
    - Reno, NV 89506
    - Sun Valley: 89433
    - Tel: 677-5437
- **Reno Northeast FRC**
  - 2750 Elementary Dr.
    - Reno, NV 89512
    - Tel: 353-5563

The Family Resource Center serves anyone who lives in the surrounding community. There are no income qualifications to use the Family Resource Center, although some referrals to other services may be limited according to income guidelines.

Individuals may call the Family Resource Center for information and referrals to resources in the community which may be able to help meet basic needs or provide other forms of assistance. Staff is available to assist families with identifying needs and to help them locate the resources to potentially meet those needs. They are also available to assist you in obtaining services through advocacy and interventions with other community agencies.

Families with minor or school aged children can enroll in the Family Success Program. The Family Success Program is a voluntary program that consists of an initial discussion to determine the needs of the family and then links the family with appropriate community and government resources. A plan is made with the family to help set goals and action steps necessary to meet those goals. The plan is tailored to address the unique needs of the family and will likely require additional appointments. Families who are taking action and making progress towards attaining their goals may be eligible for additional services.
The WCDJS does not endorse or specifically recommend any resource. This is simply a partial list of resources available within the community. REV. 09/2016