-Treats residents

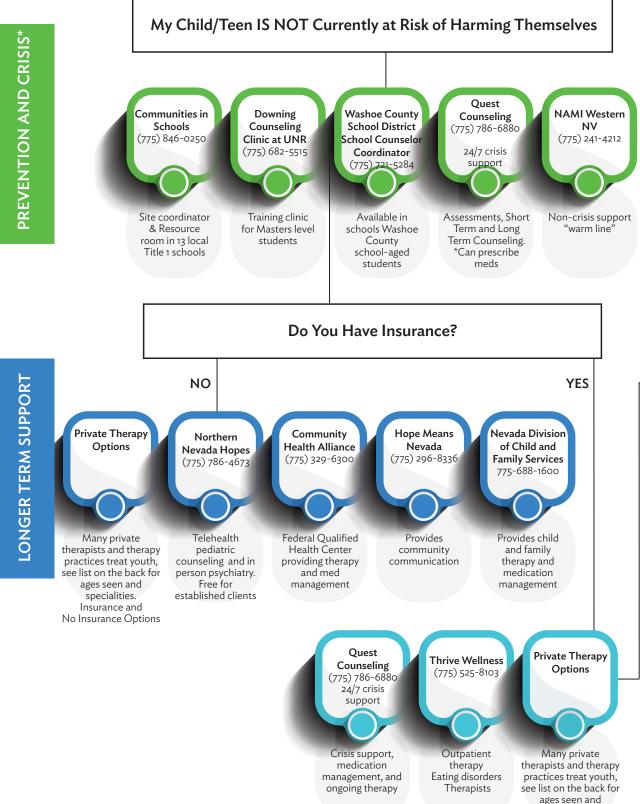
-Treats residents

Risk Factors:

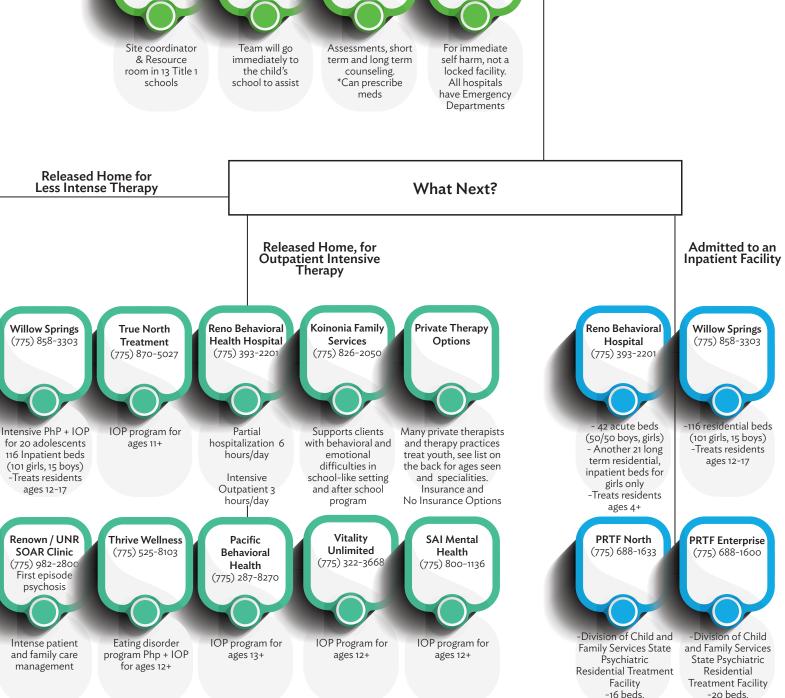
Grades Changing

PREVENTION AND CRISIS

Is Your Child Feeling Lonely, Depressed or Anxious?



My Child/Teen IS AT RISK of Harming Themselves **CRISIS CARE** Quest Children's **Emergency** Suicide & Crisis Counseling Room Mobile Crisis Hotline 775) 786-6880 t local hospitals Response Team Call 988 24/7 crisis (775) 688-1670 Available 24/7 support Site coordinator Team will go For immediate Assessments, short & Resource immediately to term and long term self harm, not a room in 13 Title 1 the child's locked facility. counseling. schools school to assist *Can prescribe All hospitals meds have Emergency Departments



specialities.

Insurance and

No Insurance Options

No Insurance Required to be Seen

A Child's World (775) 322-4650

Alliance Family Services (775) 387-3004

Amber Creek (775) 284-9888

American Comprehensive Counseling Services (775) 356-0371

> Children's Cabinet (775) 352-8090

Clover Counseling (775) 354-3819

Community Health Alliance (775) 329-6300

Downing Clinic at UNR (775) 682-5515

Great Basin Behavioral Health (775) 453-4143

Health Psychology Associates (775) 448-6828

Koinonia Family Services (775) 826-3774

> Maple Star (775) 677-2216

Mill Street Care Center (775) 501-8655

Northern Nevada Child and Adolescent Services (775) 688-1600

> Northern Nevada HOPES (775) 786-4673

Pacific Behavioral Health (775) 287-8270

> Quest Counseling (775) 786-6880

Renown Behavioral Health (775) 982-5419 Rise Wellness (775) 525-3400

SAI Mental Health (775) 800-1136

Serenity Mental Health (775) 841-6050

> Thrive Wellness (775) 525-8103

Vitality Unlimited (775) 322-3668

Zephyr Wellness (775) 525-1616

Options for Those with Insurance

Alliance Family Services (775) 387-3004

> Amber Creek (775) 284-9888

Child, Adolescent & Family Counseling Center (775) 826-1002

> Clover Counseling (775) 354-3819

Downing Clinic at UNR (775) 682-5515 Family Behavioral Health (775) 378-2775

Great Basin Behavioral Health (775) 453-4143

> Healing Minds (775) 448-9760

Health Psychology Associates (775) 448-6828 Koinonia Family Services (775) 826-3774

> Maple Star (775) 677-2216

Pacific Behavioral Health (775) 287-8270

Renown Behavioral Health (775) 982-5419

> Rise Wellness (775) 525-3400

SAI Mental Health (775) 800-1136

Sierra Sunrise Wellness (775) 440-1256

> Thrive Wellness (775) 525-8103

True North (775) 870-5027

Vitality Unlimited (775) 322-3668

Many additional individual therapists can be found by specialty on PsychologyToday.com

Please advise of any additions/changes so that we can keep this information current: YMHdata@childrenscabinet.org.

Check out this link for complete and updated contact information for all providers, including specialties, insurance plans covered and approximate wait times, as well as additional youth mental health resources in northern Nevada:



This resource is sponsored by:







Community Youth Mental Health Guide

Understanding northern Nevada's resources for children and teens who need mental health support

