What is an opioid overdose?

Taking too many opioids at once or mixing them with other drugs can make your breathing slow or stop.

TO AVOID AN ACCIDENTAL OPIOID OVERDOSE

- Avoid mixing your opioids with alcohol, benzodiazepines (Xanax, Ativan, Klonopin, Valium), or medicines that make you sleepy.
- Be extra careful if you miss or change doses, feel ill, or start new medications.

Now that you have naloxone...

Tell someone where it is and how to use it.

Common opioids include:

<table>
<thead>
<tr>
<th>GENERIC</th>
<th>BRAND NAME</th>
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<tbody>
<tr>
<td>Hydrocodone</td>
<td>Vicodin, Lorcet, Lortab, Norco, Zohydro</td>
</tr>
<tr>
<td>Oxycodone</td>
<td>Percocet, OxyContin, Roxycode, Percodan</td>
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<tr>
<td>Morphine</td>
<td>MS Contin, Kadian</td>
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<tr>
<td>Codeine</td>
<td>TYLENOL III</td>
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<tr>
<td>Fentanyl</td>
<td>Duragesic</td>
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<tr>
<td>Hydromorphone</td>
<td>Dilaudid</td>
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<tr>
<td>Oxymorphone</td>
<td>Opana</td>
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<tr>
<td>Meperidine</td>
<td>Demerol</td>
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<tr>
<td>Methadone</td>
<td>Dolophine, Methadose</td>
</tr>
<tr>
<td>Buprenorphine</td>
<td>Suboxone, Subutex, Buprenex, Butrans</td>
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</tbody>
</table>

For more information and additional materials, please visit healthiernv.org

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How to identify an opioid overdose:

1. Call 911 and begin chest compressions.
2. Administer naloxone. If no reaction in 3 minutes, give second naloxone dose.

Nevada’s Good Samaritan Law offers protection to individuals who seek medical assistance for a person experiencing a drug or alcohol overdose.

How to administer naloxone:

Follow the instructions below for the type of naloxone you have.

**NASAL SPRAY NALOXONE**

- **Step 1:** Remove protective caps.
- **Step 2:** Screw on white cone.
- **Step 3:** Remove protective cap from naloxone.
- **Step 4:** Gently screw capsule of naloxone into barrel of syringe.
- **Step 5:** Insert white cone into nostril; give a short, strong push on end of capsule to spray naloxone into nose: ONE HALF OF THE CAPSULE INTO EACH NOSTRIL.
- **Step 6:** If no reaction in 3 minutes, administer another dose.

**INJECTABLE NALOXONE**

- **Step 1:** Remove cap from naloxone vial and uncover the needle.
- **Step 2:** Turn vial upside down and insert needle through rubber plug. Pull back on plunger and take all liquid. Get rid of excess air.
- **Step 3:** Inject into an upper arm, thigh muscle, or buttocks.
- **Step 4:** If no reaction in 3 minutes, give a second dose.

NARCAN Nasal Spray: Follow directions on package.

**Evzio Auto-Injector:** The naloxone auto-injector contains a speaker that provides instructions. Availability is limited in our community.

IN CASE OF OVERDOSE:

- The person won’t wake up or respond to voice or touch
- Breathing slows or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

Look for these common signs: