COVID-19

What is it?
Novel coronavirus COVID-19 is a virus strain that originated in Wuhan, Hubei Province, China that has spread among humans since Dec. 2019. Currently, most of the cases are outside of the United States.
COVID-19 has been confirmed in Washoe County and the Health District is monitoring the issue very closely;

How does it spread?
• Through the air by coughing and sneezing
• Close personal contact such as caring for, or living in close contact with, a person who is ill

How can I prevent getting COVID-19?

Wash hands often with soap and water
Avoid touching your eyes, nose or mouth with unwashed hands
Avoid contact with people who are sick
Stay home when you are sick
Cough or sneeze into tissue or sleeve

Symptoms

Fever
Cough
Difficulty breathing
Severe respiratory illness

Symptoms may appear in as few as 2 days or as many as 14 days

Keep in mind
During the 2017-18 flu season, nearly 80,000 people died in the U.S. from influenza. You’re more likely to get the flu than COVID-19 and all the above information still applies to keep from getting the flu.

It’s not too late to get a seasonal flu shot

Go to cdc.gov/COVID19 for the most up-to-date information