

## Diaper changing and soiled clothing procedures

1. Gather supplies/prepare:
    - Disposable liner (optional)
    - Gloves (optional)
  2. Carry the child to the changing table, avoid contact with soiled clothing
  3. Unfasten soiled diaper
  4. Clean diaper area with disposable wipes, front to back
  5. Fold the used diaper over, secure it with the tabs. If gloves are worn, pull the gloves inside out over the secured diaper as the gloves are removed.
  6. Dispose of all contaminated materials in a lined receptacle with a tightly fitting lid that is used for diapering materials only and is out of reach of children.
  7. Use disposable wipe to wipe hands.
  8. Apply skin care ointments as needed. Dispense onto a clean, single service, disposable item prior to application.
  9. Slide the clean diaper under the baby, adjust and fasten it.
  10. Wash the child's hands. Return the child to group.
  11. Clean and sanitize diaper changing table after each use. Dispose of table liner, if used.
  12. Caregiver shall wash their hands.
  13. Document any skin problems and report, to the parent or guardian, any rash on the child or unusual stool frequency, color, or odor.
- \*3. The child care facility's cloth diaper changing procedure is the same as the single use diaper changing procedure, except as follows:
1. After a diaper change, the cloth diaper and waterproof cover shall be simultaneously removed as a unit and placed directly into a leak-proof container. The container shall be labeled with the child's name or diaper service and maintained inaccessible to children. The contents shall be sent home or picked up by the diaper service daily.
  2. Cloth diapers shall not be rinsed or contents disposed of at the child care facility.
  3. If the child care facility allows cloth diapers, the diapers shall be of a front closure design with an absorbent inner liner and waterproof outer covering. The diaper and cover shall be removed as a single unit, with no reuse of diaper or cover until cleaned and sanitized at the child's home or at a diaper service. The diaper must be able to contain urine and stool and minimize contamination.

# Washoe County Diapering Procedures for Child Care

<p><b>1. Gather supplies:</b></p> <ul style="list-style-type: none"> <li>• Disposable liner (optional)</li> <li>• Gloves (optional)</li> </ul>	<p><b>8. Apply skin care ointments</b></p> <ul style="list-style-type: none"> <li>• Put onto a clean, single service, disposable item (like tissue or Q-tip) prior to application</li> <li>• Individual ointment must be labeled!</li> </ul>
<p><b>2. Carry child</b> to changing table</p> <ul style="list-style-type: none"> <li>• Avoid contact with soiled clothing</li> </ul>	<p><b>9. Diaper</b> child/baby:</p> <ul style="list-style-type: none"> <li>• Slide clean diaper under buttocks</li> <li>• Adjust and fasten</li> <li>• Re-dress</li> </ul>
<p><b>3. Unfasten</b> soiled diaper</p>	<p><b>10. Wash</b> the child's hands</p> <ul style="list-style-type: none"> <li>• Can use wipes if child unable to wash hands</li> </ul> <p><b>Return</b> child to group</p>
<p><b>4. Clean</b> diaper area:</p> <ul style="list-style-type: none"> <li>• Disposable wipes</li> <li>• Front to back</li> </ul>	<p><b>11. Clean and sanitize</b></p> <ul style="list-style-type: none"> <li>• Diaper changing table after each use</li> <li>• Dispose of table liner, if used</li> </ul>
<p><b>5. Fold</b> the used diaper over and secure it with tabs.</p> <ul style="list-style-type: none"> <li>• <i>If gloves are worn, pull the gloves inside out over the secured diaper as the gloves are removed.</i></li> </ul>	<p><b>12. Wash your hands!</b> (caregiver)</p>
<p><b>6. Dispose</b> of all contaminated materials in a receptacle:</p> <ul style="list-style-type: none"> <li>• With a lining</li> <li>• With a tightly fitting lid</li> <li>• Used for diapering materials only</li> <li>• Kept out of reach of children</li> </ul>	<p><b>13. Document:</b></p> <ul style="list-style-type: none"> <li>• Any skin problems</li> <li>• Any rash on the child</li> <li>• Unusual stool frequency, color, or odor</li> </ul>
<p><b>7. Wipe hands</b> (Caregiver and child's) with a disposable wipe</p>	<p><b>14. Report</b> information above to parent or guardian at pick up</p>