

Handwashing for Children

Tools available:

- Glo Germ (see links below)
- Glitter and balloon
- Scrubby Bear video and curriculum (American Red Cross program)
- [“Why Don’t We Do It In Our Sleeves?”](#)-DVD or online by OtoRhinoLounsburology Productions-(for parents and caregivers)
- CDC Podcast [“Put Your Hands Together”](#)-(for parents and caregivers)

Books:

- “Those Mean Nasty Dirty Downright Disgusting but...Invisible Germs” (English and Spanish) by Judith Anne Rice and Reed Merrill
- “Germs Make Me Sick” (K-Grade 3) by Melvin Berger and Marilyn Hafner
- “Germs, Germs, Germs” (level 3 Hello Reader Science) by Bobbi Katz, illustrated by Steve Bjorkman
- “Wash Your Hands” (Preschool-Grade 2) by Tony Ross
- “Germs Are Not For Sharing” (ages 4-7) by Elizabeth verdick and Marieka Heinlen
- “Magic School Bus Inside Ralphie: A Book About Germs (4-8yrs. old) by Joanna Cole, John Speirs, and Bruce Degan
- “Magic School Bus Chapter Book #06: The Giant Germ (4-8yrs old) by Anne Capeci

Lesson Plans: *(For more information, contact Rebecca at 328-2627)*

- Caring 4 Kids (Food Safety in Child Care Settings Module)-“Safe Cough and Sneeze Catcher” certificate and lesson plan
- Hand Washing Lesson Plan-(provided by Utah) Kindergarten-6th grade available for download and copying.
- NSF Scrub Club-online (see below)

Washoe County Posters:

- “Wash Your Hands...”-adapted from Massachusetts Dept of Public Health www.cdc.gov “Cover Your Cough” in English and Spanish
- Nevada Food Safety Task Force-raccoon poster

Online Tools/Games For Kids *(downloadable lesson plans, posters, and brochures):*

1. NSF Scrub Club www.scrubclub.org
2. www.cleaning101.com/handhygiene/
3. www.mass.gov/handwashing or call 888-658-2850, Massachusetts Department of Public Health.
4. Brevis Corporation: (glo germ materials/lights) www.brevis.com
1-800-383-3377 (U.S. and Canada)
5. Henry The Hand - Champion Handwasher- www.henrythehand.com
6. <http://www.washup.org/>
7. <http://www.cdc.gov/germstopper/>
8. www.glogerm.com: main site for products/supplies
 - a. lesson plans and poster direct link (<http://www.glogerm.com/worksheet.html>)

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