The attached document was submitted to the Washoe County Board of Commissioners during the meeting held on OCTOBER 8, 2019.

by COMMISSIONER JUNG

for Agenda Item No. C

and included here pursuant to NRS 241.020(8).
**RECREATION/EDUCATION**

**CITY OF RENO SENIOR SERVICES**
www.Reno.gov/Seniors
Information: (775) 657-4602
Scholarships: (775) 334-2046

**EVELYN MOUNT NORTHEAST CENTER**
(775) 334-2262

**NEIL ROAD RECREATION CENTER**
(775) 689-8484

**TEGLIA'S PARADISE PARK**
(775) 356-3176

**OSHER LIFELONG LEARNING (OLLI)**
www.OLLI.UNR.edu
Classes & Activities: (775) 784-8053

**TMCC SILVER COLLEGE**
www.TMCC.edu/WorkForce-Development-Community-Education/
Classes & Activities: (775) 829-9010

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**TRANSPORTATION**

1. **ACCESS TO HEALTHCARE**
   Free van service for health needs
   www.AccessToHealthCare.org
   (844) 469-4932

2. **NEIGHBOR NETWORK OF NORTHERN NEVADA (N4)**
   Transportation (Lyft discounts); time
   exchange; volunteer village
   www.NeighborNV.org
   (775) 331-5138

3. **RTC (REGIONAL TRANSPORTATION COMMISSION)**
   ACCESS bus, discounted fares, Taxi Bucks
   www.RTCWashoe.com/Public-Transportation-Operations-2-91.html
   (775) 349-0477

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**RENO VICINITY ELDER SERVICES:**
FREE GUIDES & RESOURCES:
Caregiving | Financial | Education | Legal
Healthcare | Housing | Insurance | Nutrition

**INFO 2-1-1**
Connect to Nevada services and information
www.Nevada211.org
Dial 2-1-1 or 1-866-535-5654

**AARP: Nevada**
www.AARP.org/States/NV
(866) 389-5652

**ADMINISTRATION ON AGING**
www.AOA.gov
Eldercare locator: (800) 677-1116

**NATIONAL COUNCIL ON AGING - BENEFITS CHECK UP**
www.BenefitsCheckUp.org
(571) 527-3900 (NCOA Headquarters)

**GOLDEN PAGES & SENIOR SPECTRUM**
Resource catalogue & monthly magazine
www.SeniorSpectrumNewspaper.com
(775) 348-0717 or toll free (800) 253-3713

**NV AGING & DISABILITY SERVICES DIVISION**
Resources, services navigation
www.ADSN.NV.gov | (775) 688-1341

**NV DIVISION OF WELFARE AND SUPPORTIVE SERVICES**
www.DWSS.NV.gov | (775) 684-7200

**NV SENIOR GUIDE**
www.NVSeniorGuide.com | (702) 269-9290

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**NEW LIFESTYLES**
Guide to senior living & care
www.NewLifeStyles.com | (800) 869-9549

**NORTHERN NEVADA DISABILITY ACCESS**
www.NNDAccess.com

**NORTHERN NEVADA VETERANS RESOURCE CENTER**
www.VetsResource.org/VRC-Northern-Nevada.html | (775) 284-8387

**RENO DIRECT**
Non-emergency service center
www.Reno.gov/RenoDirect | (775) 334-4636

**SENIOR CONNECT**
Monthly City of Reno senior programs
www.Reno.gov/Seniors | (775) 657-4602

**SOCIAL SECURITY**
www.SSA.gov | (888) 808-5481

**SOLUTIONS AND RESOURCES ASSOCIATES - (SARA)**
www.AskSARA.org | (775) 742-3288

**WASHOE 3-1-1**
Washoe County services and information
www.WashoeCounty.us/Contact.php
Dial 3-1-1 or (775) 328-2003

**WASHOE COUNTY HUMAN SERVICES AGENCY: SENIOR DIVISION**
www.WashoeCounty.us/SeniorsRV
(775) 328-2575

**WASHOE COUNTY LIBRARY SYSTEM**
www.WashoeCountyLibrary.us
(775) 327-8300

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To talk or schedule an appointment with a Senior Health Advocate Volunteer, an electronic version of this brochure, or with questions please contact:

Center for Healthy Aging
www.AddingLifeToYears.com
Info@AddingLifeToYears.com
(775) 237-8375

Made possible by the support of the City of Reno, Senior Citizen Advisory Committee, Washoe County, Center for Healthy Aging, and No NV Building & Construction Trades Department.
### CAREGIVING
- **ALZHEIMER'S ASSOCIATION**
  - Caregiver support, training, respite
  - [www.ALZ.org/NorCal](http://www.ALZ.org/NorCal) | (775) 786-8061

- **CAREGIVER ACTION NETWORK**
  - Caregiver support, training
  - [www.CareGiverAction.org](http://www.CareGiverAction.org) | (202) 454-3970

- **SENIORS IN SERVICE**
  - Volunteer companions, care, respite, transportation, foster grandparents
  - [www.SeniorsInServiceNevada.org](http://www.SeniorsInServiceNevada.org) | (775) 358-2768

- **SENIOR OUTREACH SERVICES (SOS)**
  - Companions, care, transportation
  - [www.DHS.UNR.edu/Aging/Outreach/SOS](http://www.DHS.UNR.edu/Aging/Outreach/SOS) | (775) 784-7506

- **COMMUNITY FOUNDATION OF WESTERN NEVADA**
  - Caregiving Resources
  - [www.WashoeCareGivers.org](http://www.WashoeCareGivers.org) | (775) 333-5499

### HEALTHCARE
- **DAYBREAK**

- **MORE TO LIFE ADULT DAY HEALTH CENTER**

- **THE CONTINUUM**
  - Adult daycare plus home modifications
  - [www.ContinuumReno.com](http://www.ContinuumReno.com) | (775) 829-4700

### HOUSING
- **HOUSING & URBAN DEVELOPMENT**
  - [www.HUD.gov/Nevada](http://www.HUD.gov/Nevada)
  - [www.GoSection8.com](http://www.GoSection8.com) | (775) 329-3630

- **NEVADA HOUSING DIVISION**
  - [www.NVHousingSearch.org](http://www.NVHousingSearch.org) | (887) 428-8844

- **NV RURAL HOUSING AUTHORITY**
  - Home ownership/rental assistance
  - [www.NVRural.org](http://www.NVRural.org) | (775) 887-1795

- **RENO HOUSING AUTHORITY**
  - [www.RenoHA.org](http://www.RenoHA.org) | (775) 331-5138

- **VOLUNTEERS OF AMERICA**
  - Homeless shelter, senior housing
  - [www.VOA-NCNN.org/Northern-Nevada](http://www.VOA-NCNN.org/Northern-Nevada) | (775) 324-2622, ext 101

- **WASHOE COUNTY INCOME-BASED SENIOR HOUSING GUIDE**
  - [www.WashoeCounty.us/SeniorsRV](http://www.WashoeCounty.us/SeniorsRV) | (775) 331-5138

### FOOD/NUTRITION
- **ASSISTANCE LEAGUE - PANTRY**
  - (775) 329-6656

- **FOOD BANK OF NORTHERN NV**
  - Food distribution sites
  - [www.FBNN.org](http://www.FBNN.org) | (775) 331-3663

- **FOOD STAMP PROGRAM**
  - Nevada State Welfare
  - [www.DWSS_NV.gov/SNAP/Food/](http://www.DWSS_NV.gov/SNAP/Food/) | (775) 684-7220

- **CATHOLIC CHARITIES OF NNV ST. VINCENT'S PROGRAMS**
  - Food pantry, meals, senior nutrition
  - [www.CCSNH.org/Food.html](http://www.CCSNH.org/Food.html) | (775) 786-5286 ext 1 or (775) 322-7073

- **WASHOE COUNTY SENIOR SERVICES NUTRITION PROGRAM**
  - [https://www.washoecounty.us/seniorsrv/nutrition/home_delivered_meals.php](https://www.washoecounty.us/seniorsrv/nutrition/home_delivered_meals.php)
  - Home Deliveries: 775-328-2590

### LEGAL SERVICES
- **ELDER PROTECTIVE SERVICES**
  - [www.ADSV.NV.gov/Programs/Seniors/EPSS/EPS_Prog/](http://www.ADSV.NV.gov/Programs/Seniors/EPSS/EPS_Prog/)
  - (775) 687-0800 or (888) 729-0571

- **NEVADA LEGAL SERVICES**
  - [www.NLSSLaw.net](http://www.NLSSLaw.net) | (775) 284-3491

- **WASHOE COUNTY PUBLIC GUARDIAN**
  - [www.CO.Washoe.NV.us/Guardian/](http://www.CO.Washoe.NV.us/Guardian/)
  - (775) 674-8800

- **WASHOE LEGAL SERVICES**
  - [www.washoegallegalservices.org](http://www.washoegallegalservices.org)
  - (775) 329-2727 or (775) 338-0606

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