## Living well. Aging well.

## **Spanish Springs Senior Meal Site**

The Washoe County Human Services Agency (HSA) Senior Services Division, Regional Parks and Open Space, and Trio Community Meals are proud to present the Spanish Springs senior meal service program, located at the beautiful Lazy 5 Regional Park in the Cottonwood Room. Seniors are invited to socialize and share an affordable, wholesome meal together with other seniors from the area. Anyone in need of a meal is welcome!

This site serves seniors 60 and older with meals for a suggested \$2.00 donation. Meals are also available to the general public for \$4.00. Monthly menus displayed at main entry. Please call in advance to place your order for the next day's meal: 775-328-2786



- Enjoy a meal
- **✓** Socialize
- **✓** Play games
- **✓** Occasional live entertainment

## **Hours of Operation**

Tuesdays-Fridays 11:00am-2:00pm Lazy 5 Regional Park 7100 Pyramid Way Sparks, NV 89436

Ranger Office: 775-424-1866 To Order Meals: 775-328-2786





