

Teen Pregnancy Prevention & Pregnant and Parenting Teen Resources

Compiled by the Teen Pregnancy sub-committee of the Maternal and Child Health Coalition

TEEN PREGNANCY PREVENTION

Crisis Pregnancy Center; 853 Haskell St., Reno, NV; 826-1999

- Worth the Wait Program: Abstinence education.

Planned Parenthood Mar Monte; 455 W. 5th St., Reno, NV 688-5555

- Teen Talk: Abstinence-based, after-school, weekly support group for girls in 6th-8th grade.
- Male Investment Program: 8-12 week sex education program for males 12-24.
- Parents Talk: Helping parents talk with teens. Single session workshop.

SCHOOLS & TUTORING

Children's Cabinet; 1090 S. Rock Blvd., Reno; 856-6200

- Tutoring.

Cyasis; 777 W. 2nd St., Reno; 333-5150

- Washoe County School District program for pregnant and parenting teen girls. Offers credits and child care.

I Can Do Anything (ICDA) Charter High School; 1195 Corporate Blvd., Suite C, Reno; 857-1544

- Charter school for teens.

Job Corps; 14175 Mt. Charleston St., Reno; 972-5627

- Education and job training program for at-risk youth ages 16-24.

Rainshadow Community Charter High School; 434 Washington St., Reno, 322-5566

- Charter school for high school students.

TMCC Re-entry Program; 7000 Dandini Blvd., Reno; 829-9041

- College education for special populations (including parenting teens)

Washoe High School; 777 W. 2nd St., Reno; 333-5150

- Credits and GED studies. Evening classes available. Some childcare offered.

Washoe County School District Even Start Family Literacy Program; 820 15th St., Reno; 333-3523

- Education for parents working on a H.S. diploma, GED and/or English classes. Also helps with childcare placement and parenting classes. Call for more information and eligibility.

EMOTIONAL SUPPORT & COUNSELING

Big Brothers Big Sisters; 745 W. Moana Ln., Suite 200, Reno; 352-3202

- Mentoring program for children and teens through age 16

Casa de Vida; 1290 Mill St.; Reno; 329-1070

- Individual, family and group counseling for pregnant teens.
- Educational classes and assistance in completing education and finding resources.

Children's Cabinet; 1090 S. Rock Blvd.; Reno; 856-6200

- Counseling for families and youth.

Family Resource Centers; 353-5563 in Reno; 353-5733 in Sparks and 674-4411 in Sun Valley.

- Community resources, parenting classes and more.

Family Counseling Services; 575 E. Plumb Ln., Reno; 329-0623

- Counseling and services for general mental health, addictions, families, parents, and sexual abuse. Sliding fee scale and many insurance plans accepted.

Planned Parenthood Mar Monte; 455 W. 5th St., Reno, NV 688-5555

- Teen Success: Support group for pregnant and parenting teens 12-20. Meets weekly. Childcare and financial incentive provided.

Teen MOPS; Meetings held at Grace Community Church, 1220 Robb Dr., Reno; 747-9000

- Support group for pregnant and parenting teens. Meets twice a month.

Washoe County Adoption Services; 785-8600 (ask to speak with an adoption worker)

- Information and assistance with adoptions.
- There are other adoption services in Northern Nevada – ask for more information.

Young Lives; in Sparks; 356-2999

- “Club” ministries offer support and guidance to Reno/Sparks teen moms.

IN-HOME VISITS

Apple Seeds; currently housed at Sun Valley Resource Center; 674-4411

- Home visiting services.

Early Head Start; 401 W. 2nd St., Suite 113, Reno; 327-5100

- Services include home visits, screenings, support & referral, and childcare.

Washoe County Health District; 1001 E. 9th St., Reno, NV; 328-2628

- Provides home visits by public health nurses. Offers information and support.

CHILDCARE

Children’s Cabinet; 1090 S. Rock Blvd., Reno; 856-6200

- Program helps pay for costs of childcare.

Early Head Start; 401 W. 2nd St., Suite 113, Reno; 327-5100

- Services include home visits, screenings, support & referral, and childcare.

Washoe County School District Hug Early Learning Center; 2880 Sutro St., Reno; 333-5300

- Childcare, parenting classes and support.

LEGAL SERVICES

Second Judicial District Court State of NV-Washoe County; 1 S.Sierra St., Reno 325-6731

- Family Self Help Center: Info on family court and Nevada law, including child support, visitation, paternity & more.

Washoe Legal Services; 299 S. Arlington Ave., Reno; 329-2727

- Provides free legal services and representation to low-income residents.

MEDICAL & DENTAL

Children’s Behavioral Services; 2665 Enterprise Rd., Reno; 688-1600

- Counseling for families with children, day treatment, and social skills programs.
- In home therapy counseling for early childhood and infant mental health.

HAWC (Health Access Washoe County); 1005 S. Wells Ave., Reno (main location) 329-6300
324-2599 (Fourth St.location); 825-6702 (Dental South)

- Primary and preventative health services offered on a sliding fee pay scale.
- Some dental services.

Nevada Check-Up; 1000 E. William St., Carson City; 684-3636 or 1-800-360-6044

- Low cost health care coverage to low-income children (through age 18).

Nevada Medicaid (through welfare office); 3697 Kings Row, Reno; 684-7200

- Health care coverage to low-income people who qualify.

Northern NV Early Intervention Services; 2667 Enterprise Rd., Reno; 688-1341

- Evaluation and services for children with special medical and developmental needs.

Planned Parenthood Mar Monte; 455 W.5th St., Reno; 688-5560; 4385 Neil Rd #105, Reno; 829-2211

- Birth control services, pregnancy testing, STD and HIV testing and treatment, emergency contraception, and screening for breast cervical and testicular cancers.

Pregnancy Center; 975 Ryland St., Reno; 982-5640

- Prenatal care for low income women. Sliding fee scale. Medicaid accepted.

St. Mary’s Neil J. Redford Clinic; 3915 Neil Rd., Reno; 770-3782

- Primary health care and prevention for children and adults. Sliding fee scale.

Sun Valley’s Children’s Clinic; 5295 Sun Valley Blvd., Sun Valley; 674-5437

- Primary health care and prevention for children and adults. Sliding fee scale.

Teen Health Mall at Washoe County Health District; 1001 E. 9th St., Reno, NV; 328-2470

- Pregnancy testing, emergency contraception, birth control, STD testing & treatment and wellness exams.

UNR Family Medicine Center; 784-1533

- Primary and prenatal services on a sliding fee scale. Many insurance plans accepted.

West End Women's Medical Group; 827-0616

- Abortion services.

EMPLOYMENT ASSISTANCE

JOIN; 1675 E. Prater Way #103, Sparks; 336-5400

- Resource center for job placement.

ALCOHOL/DRUG ABUSE

Al-Anon/Alateen; 348-7103

- Counseling and assistance for family members and friends of alcoholics.

Alcoholics Anonymous; 355-1151

- Support for those recovering from alcohol addictions.

The Bridge Center; 857-2999

- Adolescent substance abuse therapy, counseling and family support.
- After school mentoring program, drug testing and juvenile drug court services.

Narcotics Anonymous; 322-4811

- Support for those recovering from drug addictions.

Step Two; 3695 Kings Row, Reno; 787-9411

- Substance abuse treatment program; special program for women and mothers.

Quest Counseling; 3500 Lakeside Ct., Suite 101, Reno; 786-6880

- Substance abuse and mental health programs for adolescents.

FOOD, SHELTER & UTILITIES

CAAW (Committee to Aid Abused Women); 329-4150

- Emergency shelter, transportation, food and clothes for abused women.
- Counseling and legal support and referrals.

Casa de Vida; 1290 Mill St., Reno; 329-1070

- Provides a temporary home for pregnant teens.
- Transitional housing for teen mothers.
- Baby/child supplies: diapers, formula, clothes and more

Catholic Community Services; 322-7073

- Services for those in need include food, housing, and clothes.

Energy Assistance Program; 1090 E. 8th St., Reno; 786-6023

- Assistance with energy costs for low-income population.

Food Bank of Northern Nevada; 331-3663

- Monthly food assistance (food box) with Commodity Supplemental Food Program

Food Stamps (through welfare office); 3697 Kings Row, Reno; 684-7200 (main office).

- Welfare program that provides monthly help with food (debit card-like system to buy food).

Kids Café; 331-3663

- Free meals to kids' ages 1-18 living in low-income neighborhoods.

Reno Sparks Gospel Mission; 355 Record St., Reno; 329-0485

- Services for the homeless and needy, includes beds, housing, food and clothes.

SAFE; Contact Sierra Pacific to qualify; 834-4444

- One-time assistance with energy assistance (winter months only).

WIC (Women, Infants and Children); 1-800 -8- NEV-WIC

- Food assistance for pregnant & recently pregnant women, infants and children up until age 5.

EMERGENCY SITUATIONS

Crisis Call Center; 784-8090 or 1-800-992-5757

- Confidential and free number to call in crisis situations.

Safe Place; 1-800-536-4588; There are 169 Safe Places in Northern Nevada

- A place to ask for help for any unsafe situation, including alcohol and drug issues, family problems, thoughts of suicide, running away, being bullied or domestic violence.

THINGS TO DO

Boys and Girls Club - Teen Center locations at 2690 E. 9th St., Reno; 331-3605; Sun Valley; 674-8484

- Fun and exciting activities for teen members 13-18 years old.

Washoe County Library – Reno-327-8300; Sparks-352-3200; Spanish Springs 424-1888

- Computer use and Web access, fun activities and books.

Have other questions about local resources? Call 2-1-1 or search Nevada 2-1-1 on-line at www.nevada211.org/. They will connect you to resources in your community.

**Listing of programs is not an endorsement by the Teen Pregnancy Committee or
The Maternal and Child Health Coalition**

**For more information about the Maternal and Child Health Coalition, please visit their web site
at: <http://www.washoecounty.us/health/cchs/mchcnn.html>**

If you or your organization offers services to pregnant/parenting teens, and would like to be included in this resource list, contact Stacy Hardie at 328-2444. This list will be updated approximately every six months.