
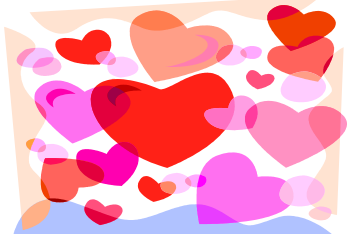




WASHOE COUNTY SENIOR NUTRITION PROGRAM

● FEBRUARY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Groundhog Day</i> Thursday, February 2nd</p> 		<p>1</p> <p>Swedish Meatballs Rotini Pasta Cabbage Capri Vegetables Peanut Butter Cookie*</p> <p><i>Tuna Salad</i></p>	<p>2</p> <p>Cranberry Chicken Thigh Herbed Green Beans Cauliflower Marble Cake*</p> <p><i>Krab Salad</i></p>	<p>3</p> <p>Salisbury Beef Patty with Gravy Garlic Whipped Potatoes Broccoli Diced Peaches</p> <p><i>Greek Chicken Salad</i></p>
<p>6</p> <p>Spaghetti with Meat Sauce Country Corn Brussels Sprouts French Bread Gingerbread Cake*</p> <p><i>California Chicken Salad</i></p>	<p>7</p> <p>Oven Fried Chicken Thigh Delmonico Potatoes Green Peas Pineapple Tidbits</p> <p><i>Seafood Salad</i></p>	<p>8</p> <p>Western Omelet with Cheese Sauce O'Brien Potatoes Orange Juice Biscuit Hot Spiced Fruit</p> <p><i>Beef Taco Salad</i></p>	<p>9</p> <p>Turkey & Swiss Cheese Sandwich Half Three Bean Salad Mixed Fruit Butterscotch Pudding*</p> <p><i>Chicken Salad</i></p>	<p>10</p> <p>Beef Chili with Beans Mixed Vegetables Coleslaw Cornbread Strawberry Gelatin*</p> <p><i>Chef Salad</i></p>
<p>13</p> <p>Turkey Pot Pie Broccoli Glazed Beets Biscuit Fruited Lemon Gelatin*</p> <p><i>Southwest Ham Salad</i></p>	<p>14</p> <p>Macaroni and Cheese Green Beans Glazed Carrots Frosted Strawberry Cake*</p>  <p><i>Greek Chicken Salad</i></p>	<p>15</p> <p>Turkey Supreme Corn O'Brien Cauliflower Sliced Pears</p> <p><i>Cottage Cheese and Fruit</i></p>	<p>16</p> <p>Sweet and Sour Chicken with Fried Rice Ginger Carrots Green Peas with Onions and Peppers Fortune Cookie*</p> <p><i>Tuna Salad</i></p>	<p>17</p> <p>Meatball Sub Crispy Cubed Potatoes Waldorf Salad Bread Pudding with Raisin Sauce*</p> <p><i>Chicken Spinach Salad</i></p>
<p>20</p> <p><u>Closed for Holiday</u></p> 	<p>21</p> <p>Meatloaf with Gravy Whipped Potatoes Mixed Vegetables Chocolate Pudding*</p> <p><i>Chef Salad</i></p>	<p>22</p> <p>Zucchini Strata Baby Glazed Carrots Seasoned Green Peas Biscuit Sugar Cookie*</p> <p><i>Waldorf Chicken Salad</i></p>	<p>23</p> <p>BBQ Rib Patty on Bun Hawaiian Baked Beans Coleslaw Peach Crisp*</p> <p><i>Beef Taco Salad</i></p>	<p>24</p> <p>Sliced Turkey Breast with Gravy Mashed Spiced Yams Broccoli Birthday Cake*</p> <p><i>Cottage Cheese and Fruit</i></p>
<p>27</p> <p>Italian Mac and Beef Green Beans Yellow Squash French Bread Tropical Fruit</p> <p><i>Chicken Salad</i></p>	<p>28</p> <p>Chicken & Sausage Jambalaya Whole Kernel Corn Cabbage Banana Cake*</p> <p><i>Krab Salad</i></p>	<p>29</p> <p>Swiss Steak Oven Roasted Potatoes Capri Vegetables Cranberry Gelatin*</p> <p><i>Southwest Ham Salad</i></p>	<p>A suggested donation of \$2.00 is requested from seniors 60 and older. Persons under 60 can Enjoy a meal for \$4.00. Milk and Bread served with all meals.</p>	<p>A small mixed green salad will be available daily, if desired, in place of a hot vegetable at the Reno Dining Center. *A substitute item prepared with less sugar will be available. Main Dish Salad not available for Home Delivered Meals.</p>