



****Congregate Meal Sites** - Meals are served Monday through Friday. There are a host of daily activities.

There are no social workers at the Neil Road, Sun Valley or Sparks centers. Reservations for lunch are required at the Neil Road Community Center, Sun Valley and Sparks Centers. You must call before 9:30 a.m. and reserve your lunch. Reno Center office hours are 8am-5pm M-F, other centers 9am-1pm M-F

<p>Reno Senior Center 1155 E. 9th Street Reno NV 89512 (775) 328-2575</p>	<p>**Sparks Senior Ctr 97 Richards Way Sparks, NV 89431 (775) 353-3110</p>	<p>**Neil Rd Community Ctr 3925 Neil Road Reno, NV 89502 (775) 689-8484</p>	<p>**Sun Valley Senior Center 115 W. 6th Avenue Sun Valley NV 89431 (775) 673-9417</p>
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Updated January 2011

BENEFIT CHECKLIST AND SERVICES FOR OLDER WASHOE COUNTY RESIDENTS

PROGRAMS AND SERVICES AVAILABLE AT WASHOE COUNTY SENIOR SERVICES

SENIOR SOCIAL SERVICES (775) 328-2590

Senior Social Services provides benefit assistance, Advocacy, Case Management, Representative Payee, Visiting Nurse, Homemaker, Personal Care, and Mental Health services to people age 60 and over. Congregate and Home Delivered Meals are also coordinated by eligibility.

Program Description	Who is Eligible	Income & Resources	Benefit
HOME DELIVERED MEALS	60+ and homebound	No limit	Hot and frozen meals delivered to your door up to seven days a week.
ADVOCACY	60+	No limit	Benefit assist for all programs

Provide workshops for LIHEA, Medicaid, Reno Housing and individual assistance for other programs in the community.

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CASE MANAGEMENT	60+	Fees may apply for some services	Intensive one-on-one assistance
HOMEMAKER SERVICES	60+	Cost sharing may be applicable	Light housekeeping
PERSONAL CARE	60+	Cost sharing may be applicable	Limited personal care
VISITING NURSE & MEDICATION MANAGEMENT	60+	Cost sharing may be applicable	Assessment of medical needs, blood pressure check, pill box set-up, physician follow-up.
REPRESENTATIVE PAYEE	60+ and SSA/SSI/SSDI eligible	Fee for service depending on income	Collaboration with SSA to develop budget and meet financial basic needs.
MENTAL HEALTH COUNSELING	60+	No limit	Individual, Family & couple counseling. Home visits, office visits.

Programs and Services--WASHOE COUNTY SENIOR LAW PROJECT (SLP) (775) 328-2592

SLP provides free legal services to seniors, primarily concerning basic needs. Priority subject matter areas, emphasizing basic needs, are **Housing** such as landlord-tenant and foreclosure issues; **Consumer** such as fraud, deception, enforcement of federal statutes from garnishments, **Public Entitlements** such as Social Security, Medicaid; Access to Health Care; **Lifetime Planning issues**, such as wills, powers of attorney and living wills; **Elder Rights** such as disputing need for a guardian, discrimination and enforcing nursing home rights. **Must be 60 except as noted. Services are free. SLP provides no assistance in criminal matters.**

Program Description	Benefit
Advice and brief service	Get legal advice and resolution of legal issues in areas of priority
Housing Counseling	Brief or extended services-not including litigation to resolve housing problems
Clinics for foreclosure prevention	Learn how to prevent foreclosure, to acquire a loan modification or prepare for mediation
Representation in Courts and administrative agencies in civil matters	Acquire full representation in issues generally within subject matter areas listed above. Representation based on case merit, impact of unresolved problem on client and its effect on the senior community
Pro Bono program: cooperating private attorneys provide representation for no cost to qualifying seniors	Generally for wills and probate - some real estate and consumer
Foreclosure prevention available to all ages	Senior Law Project negotiates with loan servicer through loan modification or alternative solution
Representation of seniors disputing need for guardianship	The Court may determine that there are adequate alternatives to guardianship or may limit the scope of the guardian's authority. Courts frequently determine the least restrictive housing for the person.
Advance Directive Group Sessions	Create, with professional guidance, a living will, or durable power of attorney for health care to guide future medical decisions
Community Education	These events include similar topics to clinics. Provide groups with legal education concerning legal issues concerning seniors such as legal rights of those with dementia, tenant rights, predatory lending.

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DAYBREAK (ADULT DAY CARE) (775) 328-2591

DayBreak is an adult day healthcare program providing care and socialization during the day. Program hours are Monday through Friday from 7:30 to 5:30. Licensed for the care of 33 individuals. Community health aides and nurses provide care including health monitoring, medication management and therapeutic activities along with assistance with activities of daily living.

Eligibility		Income & Resources	Benefits	
18 years or older, physical or cognitive deficits which make individual not safe to be home alone, physician certification required, intake interview and TB testing required for entry		No income limits. Accepts Medicaid, Veterans Administration, HCAP (Washoe County Healthcare Assistance Program), respite grants, private pay (cost sharing apply)	A secured setting, providing healthcare, therapeutic activities and socialization opportunities for individuals which help support them remain living in the community	
Food Stamps	Low Income Households.	Gross monthly household income limits:	Amount of assistance is determined by Nevada State Welfare and is based on size and income of household. Income guidelines change every October	
Nevada State Welfare		(1) person - \$1,806		
3697-D Kings Row		(2) people - \$2,430		
448-5000		If 60 or older or permanently disabled,		
For zip code 89502 only		your gross monthly income could be		
680 S. Rock Blvd		higher.		
Reno, NV 89502				
LIHEA	Low Income Households	Gross monthly household income limits:	Amounts determined by LIHEA	
Low Income Home Energy Assistance	(owners and renters) who are at least partly responsible for home	(1) person \$1,354.00		
Program is open until funds are exhausted	electrical and/or heating costs either by	(2) people \$1,821.00		
Carson City - 684-0731	paying a utility company	Household's countable assets do not apply to this program		
Fax: 684-0740	or as part of the rent.	*Income guidelines update each July		
Lot Rent Subsidy	Must have been a tenant in the same mobile home park in Nevada for at least 1 year and own the mobile home which is subject to tenancy.	Gross household income limits:		20% of base rent
WHEN & WHERE AVAILABLE		(1) person \$1,127.50		(up to \$100)
Las Vegas (702) 486-4578		(2) people \$1,517.50	(maximum in	
State of Nevada Department of Business & Industry		Assets (excluding the value of the mobile home, contents & one motor vehicle) must not exceed \$12,000.	assistance per month)	
Manufactured Housing Division				
Call for Availability				
www.mhd.state.nv.us				*Income limits updates in March

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MEDICAID		Full Medicaid - Must be receiving Supplemental Security Income.	Full Medicaid - Comprehensive coverage		
Comprehensive Health Care Coverage	Persons blind, disabled or 65+ who have low income and resources.	PROG INDIVIDUAL	for medical care including most prescription drugs, approved medical equipment; Medicaid MD services; hospital; home care & transportation for approved medical services. QMB - pays Medicare premium, co-insurance and deductible. SLMB - pays Medicare premium QI - Pays Medicare premium		
QMB & SLMB		QMB \$907.50			
Nevada State Welfare		SLMB \$907.51 - \$1,089. .			
3697-D Kings Row		QII \$1,089.01 - \$1,225.84			
Reno, NV 89503		PROG COUPLE			
Buy-in Programs		QMB \$1,225.00			
QMB: Qualified Medicare Beneficiary		SLMB \$1,225.01 - \$1,471.			
SLMB: Specified Low-Income		QI \$1,471.01 - \$1,654.87			
QII		QMB/SLMB/QI1 - Household's countable assets must not exceed \$4,100			
Medicare Beneficiary		Exemptions: Your home if it is your residence, (1) automobile, and (1) life insurance policy payable at time of death.			
Nevada Medicaid: 684-7200		Contact SSA for enrollment dates and to determine monthly premium			
MEDICARE		Persons 65+ who are eligible for Social Security or Railroad Retirement Benefits and other 65+ who may purchase coverage although not categorically eligible for it. If a person receives SSD, Medicare coverage will begin in 24 months. Those with chronic renal disease are eligible at any age.		For assistance choosing a plan for Medicare D, you can make an appointment with a SHIP rep. in the office during the enrollment period. You can also review your options and choose a plan on the website.	
PART A: Hospital Insurance.		Persons 65+ who are eligible for Social Security or Railroad Retirement Benefits and other 65+ who may purchase coverage although not categorically eligible for it. If a person receives SSD, Medicare coverage will begin in 24 months. Those with chronic renal disease are eligible at any age.		www.medicare.gov	PART A: Unlimited coverage for acute hospital care after \$912 deductible for up to 60 days; limited skilled care in a skilled nursing facility; limited home care & hospice care.
No premium, but has deductible of \$1,132 & co-pays.				Resources:	PART B: Doctors, outpatient service & durable medical equipment; \$110/yr deductible. Pays 80% of approved cost after deductible is met. No prescription coverage.
PART B: Medical (doctor's visits)				INDIVIDUAL: \$8,100	Generic drugs co-pay \$ 2.50
Monthly premium of \$162 (Jan 2011)	COUPLE: \$12,910.00		Brand name co-pay \$6.30		
plus deductibles & co-pays.	www.medicare.gov				
DMI - deductible \$155.00 (Jan 2011)					
MEDICARE D: Pharmacy					
Call SSA: 1-800-772-1213 or					
1-800-442-8430					
Low Income Subsidy (LIS)	Income: Single: 1,218 - 1,354 Couple: 1,639 - 21,852 (Jan 2011)				
MEDICARE D: Pharmacy only					
Apply online or see SHIP representative					
Call SSA: 1-800-772-1213					

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<p>Nevada Bell Universal Lifeline 1-800-288-2020 Nevada Bell Business Office www.att.com</p>	<p>Nevada Bell residential customers who are 18 yrs + Telephone line with Universal Lifeline must be the only phone line at the principal residence.</p>	<p>Gross household income limits: (1) person \$18,953 annual (2) people \$25,498 annual Or a recipient of Food Stamps, SSI, LIHEA, ADC or Federal Housing Asst.</p>	<p>Provides discount on the basic local service charge and the federal end user charge. Can provide 50% discount on some installation charges.</p>
<p>Senior Citizens' Property Tax/Rental Rebate Program Not Available in 2011 328-2200 Washoe County Assessor's Office</p>	<p>Property owners & Renters who are 62 years of age or older and who have lived in Nevada continuously since July of the previous year (must have paid rent or property taxes since July of the previous year).</p>	<p>Gross household income (all sources) (2007) \$28,169 annual income (You cannot have liquid assets of more than \$150,000 or own a home with an assessed value of more than \$200,000)</p>	<p>Refunds are between \$5 and \$500 and are calculated from the rent you pay that is attributed to property tax and/or the property tax you pay times the percentage of your income. (Check mailed August - October)</p>
<p>Senior Rx Program - NV Ask about their vision plan 1-866-303-6323 www.nevadaseniorrnx.nv.gov</p>	<p>At least 62 years old Nevada Resident for 1 yr Not eligible for Medicaid assistance</p>	<p>Max Household income for (1) \$25,477. Max Household income for (2) \$33,963. Vision has lower income guidelines *Income guidelines are revised in July</p>	<p>No premium, no deductible Co-payments of \$10 or \$25 Insurance subsidies allowing prescribed meds at a discount</p>
<p>Sewer Rebate City of Reno Program open July 1 - August 31 each year or until funds are exhausted, whichever comes first. 334-2365.</p>	<p>City of Reno property owners & renters who are eligible for funds under the Property Tax/Rent Rebate program, the LIHEA program or who are presently receiving SSI.</p>	<p>No additional limits.</p>	<p>Benefits are determined by the City of Reno.</p>
<p>Sewer Rebate City of Sparks WHEN & WHERE AVAILABLE Opens April 1st closes June 30th 353-2360</p>	<p>City of Sparks property owners & renters who are eligible for funds under the Property Tax/Rent Rebate program, the LIHEA program or who are presently receiving SSI.</p>	<p>No additional limits.</p>	<p>Benefits are determined by the City of Sparks</p>
<p>Social Security Administration 1170 Harvard Way Reno, NV 89502 1-800-772-1213 784-5221 Social Security Administration www.socialsecurity.gov</p>	<p>Retired workers 65+ or 62+ (reduced benefits) who have worked at least 40 quarters (fewer if born before 1929); disabled workers; surviving spouses and/or children)</p>		<p>Monthly Benefit is based on prior employment & amount withheld from earnings.</p>

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Social Security Administration		SSI INCOME GUIDELINES	
SSI (Supplemental Security Income)		Aged: (1) person \$710.40 (2) people \$1,085.46 Blind: (1) person \$783.30 (2) people \$1,385.60 Disabled: (1) person \$674.00 (2) people \$1,011.00	
Provides a monthly cash benefit, based on financial need. 1-800-772-1213 Social Security Administration		Persons blind, disabled or 65+, who have low income and resources.	Household's countable assets must not exceed \$2000 (1 person) OR \$3000 (2 people) Exemptions: Your home if it is your residence and (1) vehicle.
Subsidized Housing			
WHEN & WHERE AVAILABLE		Low Income Households	
329-5780		Apps for Reno Housing Authority complexes are available at	
Reno Housing Authority		1400 Silverada Blvd., Reno, NV 89512	
Veterans Benefits		Gross annual income limits for Supplemental Benefits changes every year.	
5460 Reno Corporate Drive		Disabled Veteran	
Reno, NV 89511		Housebound Veteran	
1-800-827-1000		Aid & Attendance	
Department of Veteran Affairs		Widow of Veteran	
HOSPITAL: 1000 Locust St		Housebound Spouse	
Reno, NV 89502		Aid & Attendance for Spouse	
786-7200			
Washoe County Senior Services Food Pantry Reno Residents: 328-2590 Sparks Residents: 353-3110		Must be 60 years of age or older, and show proof of Washoe County residency.	Food Pantry Household income limits (1) person \$1,127. Gross/Mo (2) people \$1,517. Gross/Mo.
USDA Commodities 1155 E. 9th St. 328-2590 Washoe County Senior Services		Must be 60 years of age or older.	Only ONE set of 2 grocery bags (\$40 value) every month per household Reno Center - 3rd Tuesday 8 am
		Gross household income limits: (1) person \$1,353.75 Gross/Mo. (2) people \$1,821.25 Gross/Mo.	Bi-Monthly program Starts in January FOURTH Tuesday of the month 8 - 11am

*Please note: The information contained in this pamphlet is designed to provide general information to Washoe County Seniors about benefit programs available to them. Every effort has been made to insure the accuracy of the information, however, individuals are responsible for contacting the appropriate agency to confirm all factors that may affect eligibility. This information is updated annually and income guidelines change at different times during the year.